



9781B Second Street, Sidney

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Open Mon - Fri, 9 am - 5 pm · Closed weekends & stats

OPEN
MON - FRI
9 AM - 5 PM

— THIS WEEK'S MENU —

November 2 - 6, 2026

Meals \$15.50

INCLUDES ENTREE · 1 STARCH · 2 VEGGIES

1

POT ROAST BEEF

Slowly braised and served with a pan gravy

3

GRILLED HADDOCK FILLET

With a Lemon/dill sauce

5

CHICKEN TIKKA MARENGO

Boneless tenders in a ginger tomato based marengo curry sauce

7

PORK CUTLET PARMESAN

Tenderized cutlet topped with a tomato sauce and mozzarella cheese

2

PRIMAVERA STUFFED CHICKEN

Boneless breast stuffed with zucchini, tomatoes & bell peppers and topped with Mozzarella and parmesan

4

OLD COUNTRY BEEF COBBLER

Beef steak combined with onions, carrots and leeks with a savory biscuit top

6

PAN SEARED SALISBURY STEAK

With an onion gravy

8

VEGETARIAN COTTAGE PIE

Savory vegetables & lentils baked with a mash potato topping

GRAB & GO

Our Grab & Go section is stocked with
family meal options, meat pies & soups.

UK imports & Mamma Musey's Pierogi
available in store.

COLD PLATE SALADS

Available with turkey, beef, corned
beef or ham.

Includes salad greens, potato salad,
coleslaw & 4-bean salad.

WE DELIVER

Daily delivery available for the
Saanich Peninsula.

Cordova Bay & Royal Oak
Salt Spring Island
Duncan

Tuesdays
Wednesdays
Thursdays