

Chef on the Run – Sidney

9781b Second Street, Sidney Tel 250 655 3141

OPEN 9 am – 5 pm MON-FRI (CLOSED WEEK-ENDS/STATS)

TOLL FREE: 1 877 704 2433 (outside Victoria)

www.chefontherun.net [Online ordering available](#)

ALL MEALS \$13.25 includes Entrée, chice of 1 Starch & 2 veg

THIS WEEKS MENU: 20th May to 24th May 2024

1. PORK TENDERLOIN MARSARLA
Juicy Pork Tenderloin with a mushroom/marsala sauce

2. HUNTERS CHICKEN
Boneless breast topped with Mozzarella, bacon and BBQ sauce

3. PAN FRIED LEMON SOLE
Dover Sole with a light Lemon sauce

4. BEEF CREOLE – LOUISIANA (GF)
Beef steak braised with green peppers, tomatoes in a beef gravy

5. CHICKEN “CACCIATORE”
Boneless chicken in a light Italian sauce

6. SHEPHERDS PIE
Savory ground beef combined with fresh vegetables & topped with mash potato

7. TURKEY SCHNITZEL
Dressed with a cranberry sauce

8. VEGETARIAN MEATBALLS
Meatless meatballs in an Italian Tomato sauce

ALSO AVAILABLE AS MEAL TURKEY, BEEF, CORNED BEEF AND HAM COLD PLATES
INCLUDES POTATO SALAD, COLESLAW AND 4 BEAN WITH A SALAD GARNISH

HOMEMADE PIES..... CHEESY CHILLI PIE-CHICKEN & MUSHROOM – CHICKEN & HAM – STEAK & ALE – BEEF CURRY - GROUND BEEF & VEG - CHICKEN & VEG – CHICKEN & HAM – STEAK & VEG - STEAK & KIDNEY – TURKEY & VEG – STEAK & MUSHROOM - FISHERMAN’S PIE – SHEPHERDS PIE – CORNISH PASTIES – SCOTCH PIES – VEGETABLE QUICHE – QUICHE LORRAINE - SHRIMP & DILL QUICHE – SPINACH & FETA QUICHE - ASSORTED SOUPS ALSO AVAILABLE....INDIVIDUAL TRIFLE, PUDDING, RICE PUDDING,FRUIT PIE BY THE SLICE INCLUDE APPLE, STRAWBERRY/RHUBARB, BLUEBERRY, CHERRY, COCONUT CREAM, PECAN, LEMON PIE AND PUMPKIN PIE, ASSORTED CAKE SQUARES

WE WILL BE CLOSED FOR VICTORIA STAT ON MONDAY 20th MAY