

Chef on the Run – Sidney

9781b Second Street, Sidney Tel 250 655 3141

OPEN 9 am – 5 pm MON-FRI (CLOSED WEEK-ENDS/STATS)

TOLL FREE: 1 877 704 2433 (outside Victoria)

www.chefontherun.net [Online ordering available](#)

ALL MEALS \$13.25 includes Entrée, chice of 1 Starch & 2 veg

THIS WEEKS MENU: 22nd April to 26th April 2024

- 1. TOAD IN THE HOLE**
Pork sausages baked in Yorkshire pudding with pan gravy
- 2. CHICKEN SUPREME**
Boneless breast dressed with a creamy Mushroom sauce
- 3. BAKED MAPLE SALMON**
Marinated and baked in a house maple sauce
- 4. BEEF CURRY MADRAS**
Beef steak simmered in a medium hot curry sauce
- 5. COQ AU VIN**
Casseroled chicken with baby carrots, onions and mushrooms
- 6. HAWAIIAN PORK BALLS**
Simmered in a sweet and sour sauce
- 7. OVEN BRAISED CABBAGE ROLLS**
In a light tomato sauce
- 8. VEGETARIAN MEATLOAF**
Tender and juicy with beyond meat and topped with a tomato glazed

ALSO AVAILABLE AS MEAL TURKEY, BEEF, CORNED BEEF AND HAM COLD PLATES

INCLUDES POTATO SALAD, COLESLAW AND 4 BEAN WITH A SALAD GARNISH

HOMEMADE PIES..... CHEESY CHILLI PIE-CHICKEN & MUSHROOM – CHICKEN & HAM – STEAK & ALE – BEEF CURRY - GROUND BEEF & VEG - CHICKEN & VEG – CHICKEN & HAM – STEAK & VEG - STEAK & KIDNEY – TURKEY & VEG – STEAK & MUSHROOM - FISHERMAN'S PIE – SHEPHERDS PIE – CORNISH PASTIES – SCOTCH PIES – VEGETABLE QUICHE – QUICHE LORRAINE - SHRIMP & DILL QUICHE – SPINACH & FETA QUICHE - ASSORTED SOUPS ALSO AVAILABLE....INDIVIDUAL TRIFLE, PUDDING, RICE PUDDING,FRUIT PIE BY THE SLICE INCLUDE APPLE, STRAWBERRY/RHUBARB, BLUEBERRY, CHERRY, COCONUT CREAM, PECAN, LEMON PIE AND PUMPKIN PIE, ASSORTED CAKE SQUARES

Ask about our British import grocery goods!! lots of Hartleys Jams, Marmite, Marmalades, Bisto granules, English/Irish teabags, Heinz beans & soups, steamed puddings, Custard, Rice pudding, pickled onions/branston pickles, mushy peas, crackers, biscuits/cookies and more